



LONDON COUNTRY WALK

SATURDAY 20TH OCTOBER 2018

In an innovative move, the Social Committee plans to organise a series of regular walks in the London area and this flyer outlines the details of the first such walk, on Saturday, 20th October 2018.

The walks will follow well-established routes, the details of which can be found on the internet.

In this instance, the walk will start at East Finchley station on the Northern Line at 10.30, and finish at Finsbury Park station on the Victoria, Piccadilly and mainlines. The route can be found by going to the Capital Ring website

https://tfl.gov.uk/modes/walking/capital-ring

and downloading Sections 11 and 12. [East Finchley station is to be found half way along Section 11, whilst Finsbury Park station can be reached from the half way point along Section 12]. The total distance is about 6 miles, and the second part of the walk takes in London's longest nature reserve.

There is no charge for joining the group and indeed no need to book, although if you want to contact James Dixon [who is leading this walk], on 07804 673 804, in advance for further details, he would be pleased to take your call.

You should download and print out the route information in advance of the walk, so that you can be independent of the main group if you want to walk at either a faster or a slower pace; or if you want to catch up with the main group should you reach the start point late.

There will be a late coffee / early lunch stop in Highgate Woods [Queen's Wood Café], although if there is a large group right at the outset, we might discuss the options to buy sandwiches, etc., to prevent the café from becoming overwhelmed.

The signposting of the Capital Ring, by and large, is excellent, although on occasion it is quite a test of good eyesight.

The TfL briefing notes give an indication of the surfaces to be expected along the way, and in this instance some rough ground can be expected in Highgate Woods.

At the end of the walk, there will be an opportunity to compare notes, and suggest options for future routes.

Please note that walking on the Capital Ring Walk is entirely at your own risk, and we very much hope you will be able to join us.